



Fat Burning Powder

Cocoa Fresh Fat Burning Powder is a medley of all natural herbs that may help you lose weight. This powder may curb your appetite, speed up your metabolism, and help you burn calories.

Fewer Cravings

Taking Cocoa Fresh Fat Burning Powder with every meal felt increased feelings of fullness and had fewer cravings. Adding this powder to your diet can suppress your appetite. This can lead to a decrease in caloric intake and an increase in weight loss.

Increased Metabolism

Cocoa Fresh Fat Burning Powder raises your metabolic rate for up to 30 minutes after consuming it. Your metabolic rate affects the speed at which your body converts food and beverages into energy. When your metabolism is faster, your body is more likely to convert nutrients into energy instead of stored fat.

Who shouldn't take Cocoa Fresh Fat Burning Powder?

Cocoa Fresh Fat Burning Powder in supplement form may not be safe for everyone. Don't take cayenne pepper supplements if you:

- are on medication that slows blood clotting
- have a scheduled surgery
- are pregnant or breastfeeding
- take theophylline (Theochron, Uniphyll)
- take medication for high blood pressure
- have ulcers

You should also avoid taking Cocoa Fresh Fat Burning Powder in large doses or for extended periods of time. It also shouldn't be given to children.

Cocoa Fresh Fat Burning Powder can cause irritation if it comes in contact with your skin. It may cause heartburn or stomach irritation, so start with a low dose to see how your body reacts.



Fat Burning Powder Recipes

Cocoa Fresh Fat Burning Powder combined with lemon will boost the flavor of the drink as well as your weight loss progress.

Ingredients

- 1 cup water
- 1 tsp Cocoa Fresh Fat Burning Powder
- 1/2 lemon
- ½ tsp honey

Recipe

Boil a cup of water, Let it sit for 10 minutes, then add 1 tsp of Cocoa Fresh Fat Burning Powder to it.. Mix well in a cup and add a few drops of fresh lemon juice to it. Add a few drops of honey if you want. Enjoy!

This recipe will give a refreshing twist to the Cocoa Fresh Fat Burning Powder.

Ingredients

- 1 cup water
- 1 tsp Cocoa Fresh Fat Burning Powder
- 4-5 rose petals

Recipe

Take a cup and add boiling water to it. Next add green tea leaves and rose petals. Stir well and let the tea steep for 10 minutes. Once ready, strain the tea. You can drink it lukewarm, or you can chill it for an hour and enjoy the drink chilled.

Cinnamon is packed with anti-inflammatory properties and combined with green tea, can aid rapid weight loss.

Ingredients

- 1 cup water
- 1 tsp Cocoa Fresh Fat Burning Powder
- pinch of cinnamon powder
- ½ tsp organic honey (optional)

Recipe

Take a pot and boil water in it. Let sit for 10 minutes. Next add Cocoa Fresh Fat Burning Powder to the boiling water. Quickly, add a pinch of cinnamon to the hot tea and stir well. Make sure you do not add too much cinnamon. You can also add a few drops of honey if you want your tea to be sweet. Sip and enjoy!